

EMINENT YOGA EXPERTS AND RESOURCE PERSONS EXPECTED TO PARTICIPATE IN THE SEMINAR

- | | |
|------------------------|------------|
| 1. Naveen Kaushik | -Hisar |
| 2. C.G.Goswami | -Pinjore |
| 3. B.L.Dayama | -Jodhpur |
| 4. Yogi Mukesh | -Noida |
| 5. Rajeev Choudhary | -Varanasi |
| 6. K.Krishana Sharma | -Mangalore |
| 7. N.R.Bhargava | -Hyderabad |
| 8. Ishwar Basava Reddy | -Delhi |
| 9. S.B.Mishra | -Ghaziabad |
| 10. Rakesh Kumar | -Haridwar |
| 11. B.R.Sharma | -Lonavla |
| 12. G.S.Sahaya | -Lonavla |
| 13. Rajeev Sharma | -Haridwar |
| 14. S.K.Ganguly | -Lonavla |
| 15. S.D.Patil | -Amarawati |
| 16. K.Chenchulakshmi | -Tirupati |
| 17. Dr.Ram Gopal | -Jodhpur |
| 18. Ravinder Babele | -Bina |
| 19. Ajay Dubey | -Dehradun |
| 20. Narain Prakash | -Hisar |

And Many More.....

SOUVENIR:

To commemorate the event, it has been decided to bring out a colorful and worth preserving Souvenir during the conference. The interested persons/institutes/Agencies can send their advertisement as well along with CD/Matter by email. The tariff of the same is given below:

Full page (Color)	Rs.5000/-
Full page (Black & White)	Rs.2000/-
Half Page (Black & White)	Rs.1000/-

SPECIAL WORKSHOP ON YOGA

19-21 June 2019

Timings:

Morning from 06.A.M. to 08 A.M.

(Hatha Yoga, Gyana Yoga, Bhakti Yoga and Meditation)

Note:

Interested persons may give their names supported by CD for their presentations during the workshop.

Main Trains at Glance for Saugor

Rewanchal Express(1266)	Rewa-Bhopal
Utkal Express(8477)	Haridwar-Puri
Kamayani Express(1072)	Hawarah-Mumbai
Hirakund Express(8407)	Bhuvneshwar-Niza
Jabalpur Rajkot(1466)	Jabalpur-Rajkot
Shipra Express(9306)	Howarah-Indore
Gondwana Express(2411)	Jabalpur-Nizamuddin
Sampark Kranti Exp.(2121)	Jabalpur-Nizamuddin
Jabalpur-Jaipur Exp.(1469)	Jabalpur-Jaipur

Note:

From Bina and Katni there are many connecting trains for Sagar

National Seminar ON

**Yoga for Youth:
Issues & Challenges
20-21 June 2019**



**ORGANISED BY
DEPARTMENT OF YOGA EDUCATION
DR.HARISINGH GOUR UNIVERSITY
SAGAR-470003 M.P**

Phone:0091 7582 265802

Mob:09425656196

Email: hodyoga@gmail.com and /or

prof.ganeshshankar@yahoo.in

Web page: <http://www.dhsgsu.ac.in/>

INVITATION

On behalf of the organizing committee, you are invited at the National Seminar on **Yoga for Youth: Issues & Challenges** to be held from 20-21 June 2019 in the department of Yogic Education, Dr.Harisingh Gour Central University, Sagar (M.P.)

Looking at the present need and importance of Yoga and total wellbeing in ancient and modern perspectives , a large number of eminent Experts/ Delegates are expected to share their experiences during this prestigious national event. We look forward to welcome you in Sagar (Madhya Pradesh) INDIA in June 2019.

PROF. GANESH SHANKAR -Director of the Seminar

ABOUT THE UNIVERSITY:

Dr. Hari Singh Gour University, formerly University of Sagar, was established on 18th July, 1946 by Sir Hari Singh Gour (Nov.26,1870-Dec.25,1949). This 18th University of India and the oldest and the biggest University of Madhya Pradesh has perhaps the singular distinction of being founded by the munificence of a single person's hard earned money of about two crore of rupees. The University Campus (1312.89 acres) is one of the finest picturesque campuses in India. It has 42 teaching departments in 13 schools and about 150 affiliated colleges covering 6 revenue districts of M.P. There are 4 hostels for boys and one hostel for girls. The central Jawaharlal Nehru Library has more than 3 lakh books. The library is also connected with INFLIBNET.

DEPARTMENT OF YOGA EDUCATION:

The Department of Yoga Education at the university level is the first and the oldest university department in India, which was started in the year 1959. At present, the department is running following courses in Yoga:

- B.A. -Three Years- Yoga as one of the subject
- M.A. -Two Years
- M.Sc. -Two years
- Ph.D. in Yoga -Three to Five years
- P.G. Diploma in Yoga and Meditation -One year
- P.G. Diploma in Yoga and Psychotherapy -One year
- P.G. Diploma in Yoga and Naturopathy -One year

The department has been organizing National / International Conferences/ Seminars/ Workshops/ Therapeutic Camps during last so many years. The number of students in the department during last few years have also increasing in various courses and are placed at various posts around the globe.

ABSTRACT/FULL PAPERS INVITED

Abstracts/Full papers are invited from the interested persons preferably supported by email or in the CD at the earliest on any of the following topics along with passport size recent photograph and brief Bio-Data before 1st June 2019.

- Vibrant Youthfulness
- Holistic Health
- Yoga as a Therapeutic Tool
- Yoga and Traditions
- Yoga and Human Consciousness
- Yoga and Mental Health
- Yoga and Research
- Yoga and Education
- Yoga and Physical Education/Sports
- Yoga and Spirituality
- Yoga and Psychotherapy
- Yoga and its various types
- Yoga and Applied Sciences

And other relevant Topics

REGISTRATION FEE :

Delegate Rs.500
Students / Research Scholars- Rs.300

(Registration fee includes entrance to all scientific sessions, tea, lunch, the opening reception and programmes, Abstract Book)

ACCOMMODATION:

For out station participants, the accommodation can be booked directly in the nearby hotels at the earliest to avoid any inconvenience at last stage @ Rs.1000 Per night. or Accommodation can be booked by the organizers in the hotel before 1st June 2019 on non refundable advance booking payment of Rs.500 /-

LANGUAGE:

The official language of all scientific sessions will be English/Hindi

KHJURAHO ONE DAY TOUR

One Day Khajuraho tour can be arranged on Payment basis.

Departure: Date 22-06-2019 at 7.00A.M
Return: Date 22-06-2019 at 09.00P.M

For any further information please contact:

PROFESSOR GANESH SHANKAR
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prof.ganeshshankar@yahoo.in
Web page: <http://www.dhsgsu.ac.in/>



REGISTRATION

NATIONAL SEMINAR

Yoga for Youth: Issues & Challenges

20-21 June 2019

NAME:

MALE /FEMALE:

AGE:

PRESENT JOB:

ADDRESS:

PHONE:

FAX:

EMAIL:

DELEGATE/ SPEAKER/ INVITED SPEAKER

ARRIVAL:

DEPARTURE:

PLEASE FILL THIS FORM AND SEND IT TO:

PROF..GANESH SHANKAR
H.O.D. Department of Yoga Education
Dr.Harisingh Gour University, Sagar-470003 (M.P.)
Phone:0091 7582 265539
Mob:09425656196
Email: hodyoga@gmail.com and /or
prof.ganeshshankar@yahoo.in
Web page: <http://www.dhsgsu.ac.in/>

METHOD OF PAYMENT:

Payments are accepted by the demand draft / bank transfer/ in favor of "HOD YOGA" payable at State Bank of India , Sagar University Branch, Sagar (M.P.) India.
Account No: 35311931267
IFSC Code: SBIN0001143 (used for RTGS and NEFT transactions)

Important:

All payments should be sent at the earliest so that your participation/ accommodation may be confirmed to avoid any inconvenience at the last stage.