



## **Official Positions**

- Professor and Chairman, Department of Yogic Science
- Dean of School of Education, Dr. Harisingh Gour Central University, Sagar (Madhya Pradesh)
- President of the World Council for psychotherapy (Asian Chapter) since 1999
- Founder President of the Asian Federation for Psychotherapy and working as President since 2009
- Hon. Gen. Secretary of Yoga & Psychotherapy Association of India since 2001
- Ex. Director, Central Council for Research in Yoga & Naturopathy in the Ministry of Health, Govt. of India.

## Other Information:

•	Born on	:11 <sup>th</sup> February 1958 in Khurja city of East Utter Pradesh in India.
•	Academic Degrees	:Ph.D (Physical Education. & Yoga Psychotherapy) NIS (Gymnastics), D.Litt. (Yoga Psychotherapy),
		Qualified Yoga Psychotherapist (World Council for Psychotherapy)
•	Practical experience in Yoga	:More than 40 years.
•	Teaching experience at PG level	:More than 30 years.
•	Research Guiding Experience	:More than <b>20years</b> more than <b>15</b> scholars have awarded Ph.D degree
•	Publications	:15 books and more than 60 research papers in the reputed journals.
•	Administrative Experience	:More than 25 years.
•	Organized Conferences/Seminars	:More than 20 National & 5 International on Yoga & applied sciences.
•	Attended Conferences/Seminars	:More than 80 National & 30 Int. as Key note speaker/ Chairperson

 Academic/administrative positions held :Member of many high-level committees in the university and Government in India & Abroad

Abroad Visits on academic program
 More than 20 in the countries like:

China, Japan, Russia, Ukraine, Austria, Greece, Portugal, Morocco, Italy, Finland, U.K., Serbia, Iran and others...

:National 25 and 10 Int. for achievements in Yoga and applied sciences.

## **Contact Address:**

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